

# **2025 Event Schedule**



## **Friday**

Day focused on creating a safe environment for participants through mental health sessions and getting to know you activities.

### **Session Topics:**

- Preparing for Congress Self-Care Isn't Selfish
- Tools in Your Toolbox
- Grief & Loss
- Speed Dating



## Saturday

Day focused on educating the community on the science research is focused on, personal stories about relationship dynamics, cultural experiences, testing experiences and general Q&A with professionals.

#### **Session Topics:**

- Understanding Research Terminology
- Research Presentations Science Behind the Trials
- Community Panels Featuring:
  - Talking About HD
  - Dual Perspectives How HD Affects Close Relationships Differently
  - Navigating Relationships Building the Community Around You
  - Impact of Advocacy on Research
  - Testing Stories
  - Cultural Exchange Living in a Country with Limited Resources, Awareness and Access Hosted by Factor-H
  - Family Planning
  - Living a Healthy Life
  - Life After Testing Positive, Living At Risk, Survivor's Guilt

**Evening Celebration Sponsored by Enroll-HD** 



## **Sunday**

Day focused on further understanding of clinical trials, empowering young people to take action and showing the importance of the scientific, advocacy and regulatory communities coming together for one purpose.

#### **Session Topics:**

- HD Buzz Research Breakdown
- Bridging the Gap Between Communities: An Open Discussion Between Scientists, Advocacy and the HD Community
- Being Empowered Through Research: Enroll-HD 2.0, Observational Studies, Surveys, etc.
- Gratitude in Partnerships Jimmy Pollard

## **Special Sessions and Respite Rooms**

- Juvenile-HD Art Project
- Juvenile-HD Outing
- Art Room

- Morning Yoga/Dance
- Writing Room
- Meditation Room
- One on On Mental Health Support
- Ambassador Buddies