

2025 Event Schedule



Friday

14
MAR

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| 10:00 | Registration and Exhibit Hall Open |
| 11:00 | First Time Event Attendee/New to HD Meeting |
| 11:00-12:00 | Lunch |
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| 12:15 | Opening Ceremony |
| 13:30 | Preparing for Congress
What are some tools in your toolbox as you attend Congress including Self-Care and resources available during the weekend. |
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| 14:30 | Break/Exhibitor Hall |
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| 15:00 | Get To Know Your Table
Make new friends with fun games. |
| 15:30 | Understanding Grief & Loss |
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| 16:00 | Break/Ehibitor Hall |
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| 16:15 | Speed Dating
Get to know other attendees based on similar interests. |
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| 17:30 | Explore Prague
Make a plan with friends to enjoy a dinner at one of the many Prague restaurants or relax before the next day. |

2025 Event Schedule



Saturday

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Breakfast will be served in the restaurant at the main level of the hotel.
Check out Daily Activities for more fun.

9:00

Let's Get Ready for the Day

Review the day

9:05

This Is Research Terminology!

Join the interactive discussion about different terms you will hear in HD research. Don't miss out on fabulous prizes!

10:25-11:00

Concurrent Sessions (Choose one of the following)

Talking About HD - Learn the basics of Huntington's disease and how to speak about it to friends and family.

- *Speaker - Cat Martin*

Understanding the Earliest Disease Processes in Huntington's Disease: Insights from the HD Young Adult Study (HD-YAS)'

- *Speaker - Dr. Mena Farag*

Dual Perspectives Q&A - This hour-long session will hear experiences from two family members with a variety of relationships with HD. Huntington's disease.

- *Facilitator - Jenna Heilman*
- *Panelists - Meg, Claudia, Joshua*

11:10-11:40

Concurrent Sessions (Choose one of the following)

Scientific Update - To Be Scheduled

Impact of Advocacy on Research - Explore how your voices can make a difference in research

- *Speaker - Astri Arnesen*

Dual Perspectives Q&A - This hour-long session will hear experiences from two family members with a variety of relationships with HD. Huntington's disease.

- *Facilitator - Jenna Heilman*
- *Panelists - Draque, Francesco, Sharon*

Saturday Continued

2025 Event Schedule



Saturday

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11:40–12:40

Exhibitor Hall & Lunch (Included with Registration)

Lunch will be held in the restaurant on the main floor of the hotel. Stop by and meet Exhibitors in the Foyer.

13:00–14:00

Breaking Down Stigmas of HD

Join professionals and advocates as they answer questions about managing stigmas.

- Speakers - Charles Sabine, Dr. Bonnie Hennig-Trestman, Dr. Ferdinando Squitieri, Khadija Chaudhry

14:15–14:45

Concurrent Sessions (Choose one of the following)

Getting Involved - Learn about the many ways to make this community your home.

- Speaker - Ashley Clarke

Scientific Update - To Be Scheduled

Impacts of Being a Young Caregiver - Understand the impact of being a young caregiver.

- Speakers - MaryAnn Emerick

Navigating Relationships (hour long session) - HD impacts every relationship. Learn about how to cope and manage.

- Speaker - Dr. Kelly Atkins

15:00–15:30

Concurrent Sessions (Choose one of the following)

Scientific Update - To Be Scheduled

Family Planning - Explore different options with family planning decisions in HD.

- Speaker - Matt Ellison

Testing Stories: Testing Negative, Positive and in the Grey Area (hour long session)

- Facilitator - Dr. Nayana Lahiri
- Panelists - Hannah, Wouter and Ashleigh

Navigating Relationships (hour long session) - HD impacts every relationship. Learn about how to cope and manage.

- Speaker - Dr. Kelly Atkins

Saturday Continued

2025 Event Schedule



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15:45-16:15

Concurrent Sessions (Choose one of the following)

Scientific Update - To Be Scheduled

Testing Stories: Testing Negative, Positive and in the Grey Area (hour long session)

- *Facilitator - Dr. Nayana Lahiri*
- *Panelists - Hannah, Wouter and Ashleigh*

Cultural Exchange: Experiences from young people from countries with limited resources, awareness and access. (hour long session)

- *Facilitator - Factor-H*
- *Panelists - Juan Carlos, Mustafa, Ana Maria*

An Open Dialogue on Psychological Support in HD

- *Facilitator - Dr. Nicolò Zarotti*

16:30-17:00

Concurrent Sessions (Choose one of the following)

Genetic Modifiers - Dive into somatic instability and other modifiers that could impact HD.

- *Speaker - Dr. Lauren Byrne*

Speaking to Children About HD:

- *Speaker - Dr. Bonnie Hennig-Trestman*

Cultural Exchange: Experiences from young people from countries with limited resources, awareness and access. (hour long session)

- *Facilitator - Factor-H*
- *Panelists - Juan Carlos, Mustafa, Ana Maria*

Scientific Update - To Be Scheduled

17:00-17:30

Concurrent Sessions (Choose one of the following)

Testing Positive - Life between testing and diagnosis

- *Facilitator - Matt Ellison*
- *Panelists - Charlotte*

Living At Risk

- *Facilitator - Ashley Clarke*
- *Panelists - Nikola, Oviyla*

Survivor's Guilt

- *Facilitator - MaryAnn Emerick*
- *Panelists - Mackenzie*



Agenda

Saturday, 15 March

Let's Party!

19:00–22:00

at the Foyer and Ballroom



Let your hair down and join us for a dance party!

Food & Some Beverages Included

2025 Event Schedule



Sunday

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9:00–10:00

HD Buzz Research Breakdown

Learn about past, current and previous clinical trials in HD.

- *Speaker - Dr. Rachel Harding*

10:00–11:00

Bridging the Gap Between Communities

This is an open discussion between scientists, regulators and the HD community.

- *Facilitator - Dr. Ariana Mullin*
- *Panelists - Astri Arnesen, Lauren*

11:00–11:15

Break

11:15–12:15

Exhibitor Hall & Lunch (Included with Registration)

Lunch will be held in the restaurant on the main floor of the hotel. Stop by and meet Exhibitors in the Foyer.

12:30–13:30

Research Dating Game

Find your match with this interactive “dating” game about current studies in HD.

13:30–2:30

Keynote: Empowerment through Gratitude

Jimmy Pollard

Daily Activities

Daily Morning Activities

Yoga & Dance Classes
Saturday & Sunday - 9 a.m.

Mental Health Support

Art Room and Quiet Area,
Personal Support