

2025 Event Schedule



Friday

14
MAR

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| 10:00 | Registration and Exhibit Hall Open |
| 11:00 | First Time Event Attendee/New to HD Meeting |
| 11:00-12:00 | Lunch |
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| 12:15 | Opening Ceremony |
| 13:30 | Preparing for Congress
What are some tools in your toolbox as you attend Congress including Self-Care and resources available during the weekend. |
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| 14:30 | Break/Exhibitor Hall |
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| 15:00 | Get To Know Your Table
Make new friends with fun games. |
| 15:30 | Understanding Grief & Loss |
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| 16:00 | Break/Ehibitor Hall |
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| 16:15 | Speed Dating
Get to know other attendees based on similar interests. |
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| 17:30 | Explore Prague
Make a plan with friends to enjoy a dinner at one of the many Prague restaurants or relax before the next day. |

2025 Event Schedule



Saturday

15
MAR

Breakfast will be served in the restaurant at the main level of the hotel.
Check out Daily Activities for more fun.

9:00

Let's Get Ready for the Day

Review the day

9:05

This Is Research Terminology!

Join the interactive discussion about different terms you will hear in HD research. Don't miss out on fabulous prizes!

10:25–11:00

Concurrent Sessions (Choose one of the following)

Talking About HD – Learn the basics of Huntington's disease and how to speak about it to friends and family.

- *Speaker* – Cat Martin

Scientific Update – To Be Scheduled

Dual Perspectives Q&A – This hour-long session will hear experiences from two family members with a variety of relationships with HD. Huntington's disease.

- *Facilitator* – Jenna Heilman
- *Panelists* – Meg, Claudia, Joshua

11:10–11:40

Concurrent Sessions (Choose one of the following)

Scientific Update – To Be Scheduled

Impact of Advocacy on Research – Explore how your voices can make a difference in research

- *Speaker* – Astri Arnesen

Dual Perspectives Q&A – This hour-long session will hear experiences from two family members with a variety of relationships with HD. Huntington's disease.

- *Facilitator* – Jenna Heilman
- *Panelists* – Draque, Francesco, Sharon

11:40–12:40

Exhibitor Hall & Lunch (Included with Registration)

Lunch will be held in the restaurant on the main floor of the hotel. Stop by and meet Exhibitors in the Foyer.

Saturday Continued

2025 Event Schedule



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15
MAR

13:00–14:00

Breaking Down Stigmas of HD

Join professionals and advocates as they answer questions about managing stigmas.

- Speakers - Charles Sabine, Dr. Bonnie Hennig-Trestman, Dr. Ferdinando Squitieri, Khadija Chaudhry

14:15–14:45

Concurrent Sessions (Choose one of the following)

Getting Involved - Learn about the many ways to make this community your home.

- Speaker - Ashley Clarke

Scientific Update - To Be Scheduled

Impacts of Being a Young Caregiver - Understand the impact of being a young caregiver.

- Speakers - MaryAnn Emerick

Navigating Relationships (hour long session) - HD impacts every relationship. Learn about how to cope and manage.

- Speaker - Dr. Kelly Atkins

15:00–15:30

Concurrent Sessions (Choose one of the following)

Scientific Update - To Be Scheduled

Family Planning - Explore different options with family planning decisions in HD.

- Speaker - Matt Ellison

Testing Stories: Testing Negative, Positive and in the Grey Area (hour long session)

- Facilitator - Dr. Nayana Lahiri
- Panelists - Hannah, Wouter and Ashleigh

Navigating Relationships (hour long session) - HD impacts every relationship. Learn about how to cope and manage.

- Speaker - Dr. Kelly Atkins

Saturday Continued

2025 Event Schedule



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15
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15:45-16:15

Concurrent Sessions (Choose one of the following)

Scientific Update - To Be Scheduled

Testing Stories: Testing Negative, Positive and in the Grey Area (hour long session)

- Facilitator - Dr. Nayana Lahiri
- Panelists - Hannah, Wouter and Ashleigh

Cultural Exchange: Hear experiences from young people from countries with limited resources, awareness and access. (hour long session)

- Facilitator - Factor-H
- Panelists - Juan Carlos, Mustafa, Ana Maria

An Open Dialogue on Psychological Support in HD

- Facilitator - Dr. Nicolò Zarotti

16:30-17:00

Concurrent Sessions (Choose one of the following)

Genetic Modifiers - Dive into somatic instability and other modifiers that could impact HD.

- Speaker - Dr. Lauren Byrne

Speaking to Children About HD:

- Speaker - Dr. Bonnie Hennig-Trestman

Cultural Exchange: Hear experiences from young people from countries with limited resources, awareness and access. (hour long session)

- Facilitator - Factor-H
- Panelists - Juan Carlos, Mustafa, Ana Maria

Scientific Update - To Be Scheduled

17:00-17:30

Concurrent Sessions (Choose one of the following)

Testing Positive - Life between testing and diagnosis

- Facilitator - Matt Ellison
- Panelists - Charlotte

Living At Risk

- Facilitator - Ashley Clarke
- Panelists - Nikola, Oviyla

Survivor's Guilt

- Facilitator - MaryAnn Emerick
- Panelists - Mackenzie



Agenda

Saturday, 15 March

Let's Party!

19:00–22:00

at the Foyer and Ballroom



Let your hair down and join us for a dance party!

Food & Some Beverages Included

2025 Event Schedule



Sunday

16
MAR

9:00–10:00

HD Buzz Research Breakdown

Learn about past, current and previous clinical trials in HD.

- *Speaker - Dr. Rachel Harding*

10:00–11:00

Bridging the Gap Between Communities

This is an open discussion between scientists, regulators and the HD community.

- *Facilitator - Dr. Ariana Mullin*
- *Panelists - Astri Arnesen, Lauren*

11:00–11:15

Break

11:15–12:15

Exhibitor Hall & Lunch (Included with Registration)

Lunch will be held in the restaurant on the main floor of the hotel. Stop by and meet Exhibitors in the Foyer.

12:30–13:30

Research Dating Game

Find your match with this interactive “dating” game about current studies in HD.

13:30–2:30

Keynote: Empowerment through Gratitude

Jimmy Pollard

Daily Activities

Daily Morning Activities

Yoga & Dance Classes
Saturday & Sunday - 9 a.m.

Mental Health Support

Art Room and Quiet Area,
Personal Support